

# 3 FOR THIRTY

## One Another

Every day, set aside 30 minutes to sit down together as a family to do the following:

### 1. Reading

- Spend 10 minutes reading **one of the following passages** together.
- Divide it among your family so that everyone gets a chance to read.

**John 13:34-35**— *Love One Another*

**Romans 12:9-10**— *Honor One Another*

**1 Peter 4:8-9**— *Offer Hospitality To One Another*

**Hebrews 10:24-25**— *Encourage One Another*

**Colossians 3:12-14**— *Forgive One Another*

**James 5:13-16**— *Pray For One Another*

**Ephesians 5:18b-20**— *Speak In Song To One Another*

- After reading, ask the following questions:
  - **Consider...***What stands out to you from this text?*
  - **He is...***What do we learn about God?*
  - **We are...***What do we learn about people?*
  - **I will...***What has the Holy Spirit revealed to you in this passage, and how will you obey it in your life this week?*
  - **You can...***Who do you know who needs to hear this?*

### 2. Praying

- Spend 10 minutes praying together.
- Find a quiet space that your family can gather together. Adults, lead the prayer time and invite your students to join in.
- Ask the questions, “*who do we need to pray for?*”; “*what needs are we aware of within our family, friend, and neighbor circles?*”

### 3. Journaling

- Spend 10 minutes journaling together.
- Have paper and something to write with ready.
- Write down what stood out to you from the text you read as a family.
- Write down what you can remember from prayer time. (Thoughts about specific people, places, or events that were prayed for, as well as any personal thoughts.)

### 4. Repeat Daily