

3 FOR THIRTY

Faith In Motion

Every day, set aside 30 minutes to sit down together as a family to do the following:

1. Reading

- Spend 10 minutes reading **one of the following passages** together.
- Divide it among your family so that everyone gets a chance to read.
 - James 1:1-18** — *Trust the goodness of God in spite of hardships*
 - James 1:19-2:26** — *Don't just listen, do something*
 - James 3:1-18** — *Cultivate wisdom and not just words*
 - James 4:1-5:6** — *Make friends with God and not with wealth*
 - James 5:7-20** — *Don't take your eyes off the return of Jesus*
- After reading, ask the following questions:
 - **Consider...** *What stands out to you from this text?*
 - **He is...** *What do we learn about God?*
 - **We are...** *What do we learn about people?*
 - **I will...** *What has the Holy Spirit revealed to you in this passage, and how will you obey it in your life this week?*
 - **You can...** *Who do you know who needs to hear this?*

2. Praying

- Spend 10 minutes praying together.
- Find a quiet space that your family can gather together. Adults, lead the prayer time and invite your students to join in.
- Ask the questions, *“who do we need to pray for?”*; *“what needs are we aware of within our family, friend, and neighbor circles?”*

3. Journaling

- Spend 10 minutes journaling together.
- Have paper and something to write with ready.
- Write down what stood out to you from the text you read as a family.
- Write down what you can remember from prayer time. (Thoughts about specific people, places, or events that were prayed for, as well as any personal thoughts.)

4. Repeat Daily