



7 I Am Statements of Jesus

Every day, set aside 30 minutes to sit down together as a family to do the following:

1. Reading

- Spend 10 minutes reading **one of the following passages** together.
- Divide it among your family so that everyone gets a chance to read.
 - John 6:35** — *“I am the bread of life.”*
 - John 8:12** — *“I am the light of the world.”*
 - John 10:7-9** — *“I am the gate for the sheep.”*
 - John 10:11** — *“I am the good shepherd.”*
 - John 11:25** — *“I am the resurrection and the life.”*
 - John 14:6**— *“I am the way, the truth, and the life.”*
 - John 15:1-5** — *“I am the true vine.”*
- After reading, ask the following questions:
 - **Consider...***What stands out to you from this text?*
 - **He is...***What do we learn about God?*
 - **We are...***What do we learn about people?*
 - **I will...***What has the Holy Spirit revealed to you in this passage, and how will you obey it in your life this week?*
 - **You can...***Who do you know who needs to hear this?*

2. Praying

- Spend 10 minutes praying together.
- Find a quiet space that your family can gather together. Adults, lead the prayer time and invite your students to join in.
- Ask the questions, *“who do we need to pray for?”*; *“what needs are we aware of within our family, friend, and neighbor circles?”*

3. Journaling

- Spend 10 minutes journaling together.
- Have paper and something to write with ready.
- Write down what stood out to you from the text you read as a family.
- Write down what you can remember from prayer time. (Thoughts about specific people, places, or events that were prayed for, as well as any personal thoughts.)

4. Repeat Daily